

MAGIC

METAPHORS

MAPS

**13th
&
14th**

June, 2026

**A Two-day Workshop
Introducing
Key Ideas of Narrative Practices**

10am - 5pm

Venue: পড়শি (Porshi Cafe) Jodhpur Park

[Click here to apply now!](#)



About us

In Bengali, the term BANDHU (বন্ধু) means Friend. BANDHU NARRATIVE ALLIES comprises a group of friends in the mental health profession. We are extensively trained in Narrative Practices and intend to explore new possibilities with the philosophy of this practice.

What is this workshop about?

This two day intensive workshop will explore the key ideas of narrative practices, a collaborative, person-centered approach (often used in therapy, community work, and organizational development) that views people as the experts of their own lives and separates individuals from their problems. It focuses on how stories (existing in socio-cultural historical contexts) shape identity and how individuals can re-author their lives by deconstructing dominant, oppressive narratives.

Who is this workshop meant for?

The workshop is intended for mental health professionals, social workers, educators, community workers, and anyone interested in using storytelling to foster healing, agency, and social change. It is designed for those new to narrative approaches as well as practitioners seeking to refine their skills.

For fee concessions, contact us over mail (bandhunarrativeallies@gmail.com) or leave a text on 9804205018 / 8902679136



Porshi Cafe

Click here to Apply!

<https://bandhunarrativeallies.com>

Contact Us here: **Facebook** | WhatsApp: 9804205018 / 8902679136 **Scan the QR to pay Workshop Fee: 2,500/-**

bandhunarrativeallies@gmail.com



Facilitators for the workshop on Narrative Ideas & Practices



Dr. Shabnam Rahman

She is a Rehabilitation Psychologist and Special Educator, who incorporates narrative practices and ideas into her work with individuals experiencing intellectual and developmental disabilities, children, young persons, caregivers and families in responding to a range of concerns related to mental health, classrooms and employment-related challenges.



Dr. Arpita De

She is a consultant psychologist, narrative practitioner working in mental health field who incorporates loving compassion, and mindfulness in her work, addressing systemic barriers and unveiling clients' hidden skills and values.



Dr. Satyajit Ash
Psychiatrist



Somali (she/her)
Narrative Practitioner
Psychology Teacher



Dr. Srabasti Majumdar (she/they)

She is a psychological counselor, queer and trans affirmative therapist using an integrated approach with a focus on narrative practices and ideas.



Nilanjan (He/They)

Medical lab technologist, counselor using narrative ideas and practices, always a dog person who now finds cats more interesting

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